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Name: _____ DOB: _____
First Last MI

Primary Care Physician: _____ Address/Phone: _____

Who Referred You?: _____ Address/Phone: _____

Would you like us to contact your Primary or Referring Physician about today's visit? [] YES [] NO

Age: _____ Are you [] Right or [] Left Handed?

Gender Assigned at Birth: Male or Female Preferred Pronoun: _____ Gender Identity: _____

What is the main problem for which you are seeking treatment?

When did your symptoms begin? _____

Did anything bring on your symptoms? _____

Please mark the locations of your pain on the diagram:

Which of the following best describes your pain ratio?

- [] 100% Back/Neck pain
- [] 75% Back/Neck and 25% Leg/Arm
- [] 50% Back/Neck and 50% Leg/Arm
- [] 25% Back/Neck and 75% Leg/Arm
- [] 100% Leg/Arm pain

How would you describe the pain?
(eg: sharp, burning, electric, cramp, etc)

What is the average level of pain over the last month? (0-10)

What is your current pain level? (0-10)

Do you feel you have developed any **weakness or loss of strength in arms or legs**? If so where?

Do you feel you have developed any **numbness/tingling**? If so where?

What activities or positions make the pain better or worse?

	Better	Worse		Better	Worse
Standing			Bending		
Sitting			Lifting		
Walking			Coughing		
Stairs			General Activity		
Lying Down			Bowel Movement		

What have you done to treat this so far?

- | | |
|---|--|
| <input type="checkbox"/> Physical Therapy (for how long): | <input type="checkbox"/> Pain Medications (please list all): |
| <input type="checkbox"/> Epidurals/Injections (dates; did it help?) | |
| <input type="checkbox"/> Massage | |
| <input type="checkbox"/> Heat or Ice: | |
| <input type="checkbox"/> Chiropractor: | |
| <input type="checkbox"/> Acupuncture: | |
| <input type="checkbox"/> Stretching/Yoga: | |
| <input type="checkbox"/> Other (Please elaborate): | |

Please list any **MEDICAL CONDITIONS** you have (example: high blood pressure, diabetes, heart attack, stents, etc.)

Please list any **SURGERIES** you have had (Spine and any others). Include dates if possible.

Please list any **MEDICATIONS** you take, either daily or as needed. Include doses if known.

Please list any **ALLERGIES** you have. Include reaction if known.

Is there a **history of low back pain or spine problems** in your family?

SOCIAL/WORK HISTORY

Occupation: _____

Are you currently?

Working Full time

Working Part time

Unemployed

Retired

Disabled, Temporarily

Disabled, Permanently

Other _____

If you are currently NOT working:

How long have you been off work due to your pain? _____

Do you currently or have you ever **smoked or used tobacco products** (Please include for how many years and how many packs per day)?

Do you consume **alcoholic beverages** (Please include quantity and frequency)?

Is there anything else you would like to mention before you see Dr. Bronson?

[Please leave this area below blank]